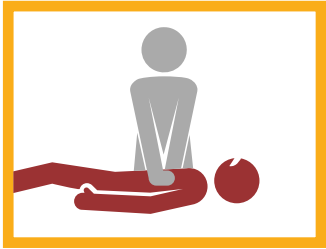


Opioid Overdose

RESPONSE STEPS



STEP 1:

Get Their Attention

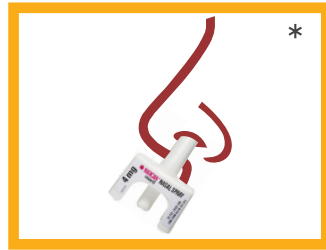
Firmly rub your knuckles up and down the middle of the person's chest.



STEP 2:

Call 911

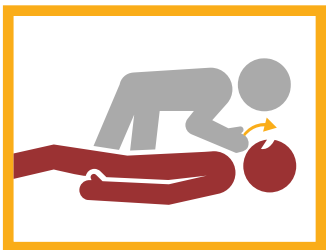
Tell them your location and the person's symptoms.



STEP 3:

Give Naloxone

Peel back package to remove the device, then place tip of nozzle in either nostril until your fingers touch the bottom of the person's nose. Press the plunger firmly to release dose into nose. If first dose doesn't work within 1–3 minutes, give second dose.



STEP 4:

Support Breathing

Lay the person on their back and tilt the chin back. Remove anything blocking their airway.

Pinch the person's nose closed and cover their mouth with your mouth. Blow 2 regular breaths, then give 1 breath every 5 seconds. If trained in CPR, do chest compressions.



STEP 5:

Give Care

Stay with the person until medical help arrives.

Place the person in recovery position: face and head turned to the side, top hand placed under head, top knee bent to support the body.

What is Naloxone?

Naloxone is a prescription medicine that safely and effectively reverses an opioid overdose.

Doctors and paramedics have used it for decades. Naloxone is sprayed up the nose.

Signs of Opioid Overdose

- ✓ Loud snoring
- ✓ A very limp body
- ✓ Lips/fingernails turning blue
- ✓ Shallow, slow, or stopped breathing
- ✓ Pale/greyish skin
- ✓ Slow or stopped heartbeat
- ✓ Unresponsiveness

Know Your Rights

Maryland's Good Samaritan Law protects people assisting in emergency overdose situations from arrest, and prosecution, for certain crimes.

Learn more at:
StopOverdose.maryland.gov

More Information:

HowToAdministerNaloxone.Maryland.gov
StopOverdose.maryland.gov

Call or text 988



Report Naloxone Use

Scan or call Maryland Poison Control Center at 1-800-222-1222

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